

# Tip Sheet



A series of health and safety tips to prevent work-related injuries in the trucking industry

## Load Smart - Your driver will thank you

### HAZARD



This driver is turning a pallet that weighs approximately 250 lbs because it was not loaded in the correct position.

### SOLUTION



The top tier pallet is positioned so that the receiving customer's forklift driver can lift it.

### Material handling can cause injuries to drivers, loaders and unloaders when . . .

- Workers use their bodies to move pallets that should be mechanically moved.
- Workers must rearrange loads that have been improperly loaded.

### Communication about efficient and safe load placement is the key to preventing injuries

- Encourage communication between drivers and warehouse workers as part of your loading process. Have warehouse and sales staff ride along with a driver so they better understand the issues.
- Think about the delivery route and order loads appropriately.
- Make sure loads are placed so that they can be safely moved by hand trucks or pallet jacks and that the equipment is on the truck.
- Educate drivers on how to identify and safely deal with risk factors such as pinch points, slippery working surfaces and heavy or unstable loads.

For more information, go to [www.KeepTruckingSafe.org](http://www.KeepTruckingSafe.org).

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