

TIP SHEET

A series of health and safety tips to prevent work-related injuries in the trucking industry



Guard Your Yard



Worn pavement and work floors are common terminal yard trip hazards.

Terminal yards are busy places where truck drivers, freight handlers, and mechanics prepare trucks, trailers, and freight for the road. The nonstop whirl of employees, vehicle traffic, and loading operations can quickly raise injury risks if workplace hazards are left ignored. Terminal yard hazards include the risks of being struck and crushed, getting muscle sprains and strains, and having a slip, trip, or fall. The surest way to prevent injuries is to have a company safety program that takes active steps to identify, assess, eliminate, and control hazards. The following tips can help keep your terminal yard safe.



Washington State Department of
Labor & Industries

TIPS TO LIVE BY

Identify hazards:

- Include a hazard reporting system and job hazard analyses in your safety program to identify terminal yard hazards and injury prevention solutions.

Struck by and crushes:

- Keep away from vehicle traffic, mobile equipment, and suspended loads.
- Make sure lifting equipment, chocks, skids, and dunnage are in good serviceable condition.
- Always wear reflective clothing meeting ANSI "Class 2" standards, or "Class 3" for higher visibility in low light or nighttime conditions.

Strains and sprains:

- Use proper lifting techniques and equipment to load and unload pallets.
- Avoid manually moving heavy objects, instead use mechanical aids such as hand trucks, pallet jacks, or forklifts.

Slips, trips, and falls:

- Close bay doors or install security gates or barriers to prevent falls from loading docks.
- Make sure indoor and outdoor work areas and walk surfaces are well lit and clear of debris, spilled liquids, ice, and unsecured straps, chains, banding, load levelers, and dunnage.

TIRES is a project of the Safety & Health Assessment & Research for Prevention (SHARP) program of the Washington State Department of Labor & Industries. TIRES is supported in part by CDC/NIOSH grant# U60 OH008487. For more information and free training resources visit

KeepTruckingSafe.org

SHARP Report No.: 90-136-2020