

# TIP SHEET

A series of health and safety tips to prevent work-related injuries in the trucking industry

## Stay Safe at the Pump



*Always follow proper safety precautions at the pump.*

Refueling is an everyday part of trucking. It's done so often, drivers forget the hazards. Flammables, awkward hoses, unsafe surfaces, blind spots or dim lighting around the pump or rig—all of these raise your injury risk. Along with our new normal of COVID-19 infection prevention, staying safe at the pump requires specific awareness of your surroundings and proper equipment use.



Washington State Department of  
Labor & Industries



### TIPS TO LIVE BY

#### Before pumping

- Put your truck in park, set the parking brake, and turn off your engine.
- Protect your truck and yourself by locking your doors until you're done filling up.
- Use Personal Protective Equipment (PPE): Anti-slip footwear, hearing protection, safety gloves, high visibility vest, and face mask.
- Scan walk surfaces for objects or debris that present slip, trip or fall hazards.

#### During pumping

- Don't smoke, light matches or lighters while refueling.
- Stay at the pump and never over-fill or top-off your tank—it may cause a spill.
- Stow your phone and focus on your surroundings.
- Avoid inhaling vapors—keep your face away from the nozzle and tank opening.
- Discharge static build-up before holding the nozzle by touching something metal with a bare hand—such as a door or grab handle.
- Use the pump phone to report spills.

#### After pumping

- Close the fuel tank cap tightly.
- Properly secure the nozzle and move the hose away from pedestrian and vehicle traffic.
- Sanitize or wash your hands to prevent the spread of disease.

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[KeepTruckingSafe.org](https://www.KeepTruckingSafe.org)

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