

TIP SHEET

A series of health and safety tips to prevent work-related injuries in the trucking industry



TIPS TO LIVE BY

Secured Freight is Stacked Straight

HAZARD



Simply opening your trailer doors can put you at risk for a serious injury.

SOLUTION



Unlock and open one side at a time. Stand behind the door while opening.

Many workers' compensation claims result from truck drivers being struck by falling cargo. Injuries most commonly occur during unloading – either from improperly stacked pallets or unsecured cargo. These injuries are 100 percent preventable if you train your employees how to safely load, unload and secure cargo.

- ☐ Take time to properly secure all cargo. Double check the work of others.
- ☐ Make sure cargo is shrink-wrapped, strapped on the pallet, blocked, braced, or fastened to side wall.
- ☐ Secure the load using a cargo bar, Velcro™ strapping, or webbing.
- ☐ Unlock and open one trailer door at a time. Shield yourself from falling cargo by standing behind the door.
- ☐ Don't try to catch falling freight.



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KeepTruckingSafe.org

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