

# Tip Sheet



A series of health and safety tips to prevent work-related injuries in the trucking industry

## BE SEEN

## BE SAFE



[www.KeepTruckingSafe.org](http://www.KeepTruckingSafe.org)

Each year trucking industry workers are injured and killed when hit by other drivers who do not see them. Make sure other drivers can see you by wearing a high visibility vest and making eye contact with drivers.

**Employers** - Consider giving employees a high visibility vest.

**Employees** - Wear your vest each time you exit your truck:

- In the company yard.
- At your customer's dock.
- On the side of the road.

**BE SEEN - BE SAFE**

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