

TIP SHEET

A series of health and safety tips to prevent work-related injuries in the trucking industry



Truck Maintenance Tips



Make sure hood safety release is locked in place when examining engine compartment.

Drivers

Maintain your truck and equipment in good working order. Report problems and make sure they are fixed before you get on the road. This will keep you and others safe - and it's the law.

Employers

Be sure employees are properly trained in maintenance procedures.

Employees

Ask for help if you're not sure how to complete a task.

Daily

Check vehicle parts and accessories to prevent hazards and breakdowns before every trip. Use your employer provided checklist. CFR Title 49, Parts [396.11](#) and [396.13](#).

For more information

Equipment, inspection, and use: [CFR Title 49, Part 392.7](#)

Inspection, repair, and maintenance: [CFR Title 49, Parts, 396.1 through 396.25](#)

Safe workplace: [WAC 296-800-110](#)

Forklifts: [WAC 296-863-300](#)

TIPS TO LIVE BY

Routine maintenance

Regular preventive maintenance inspections may be based on time or mileage. Check the vehicle's manual for the manufacturer's recommendations for maintenance. Pay special attention to items such as:

- Mirrors and any features allowing the driver to see clearly (such as CCTV cameras).
- Lights.
- Steps, walkboards or ladders.
- Tires.
- Headboard racks and load attachment points (hooks and winches).
- Windshield washers and wipers.
- Steering.
- Pneumatic or hydraulic hoses, outriggers, liftgates, hoists or other material handling features.
- Brakes.



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[KeepTruckingSafe.org](#)