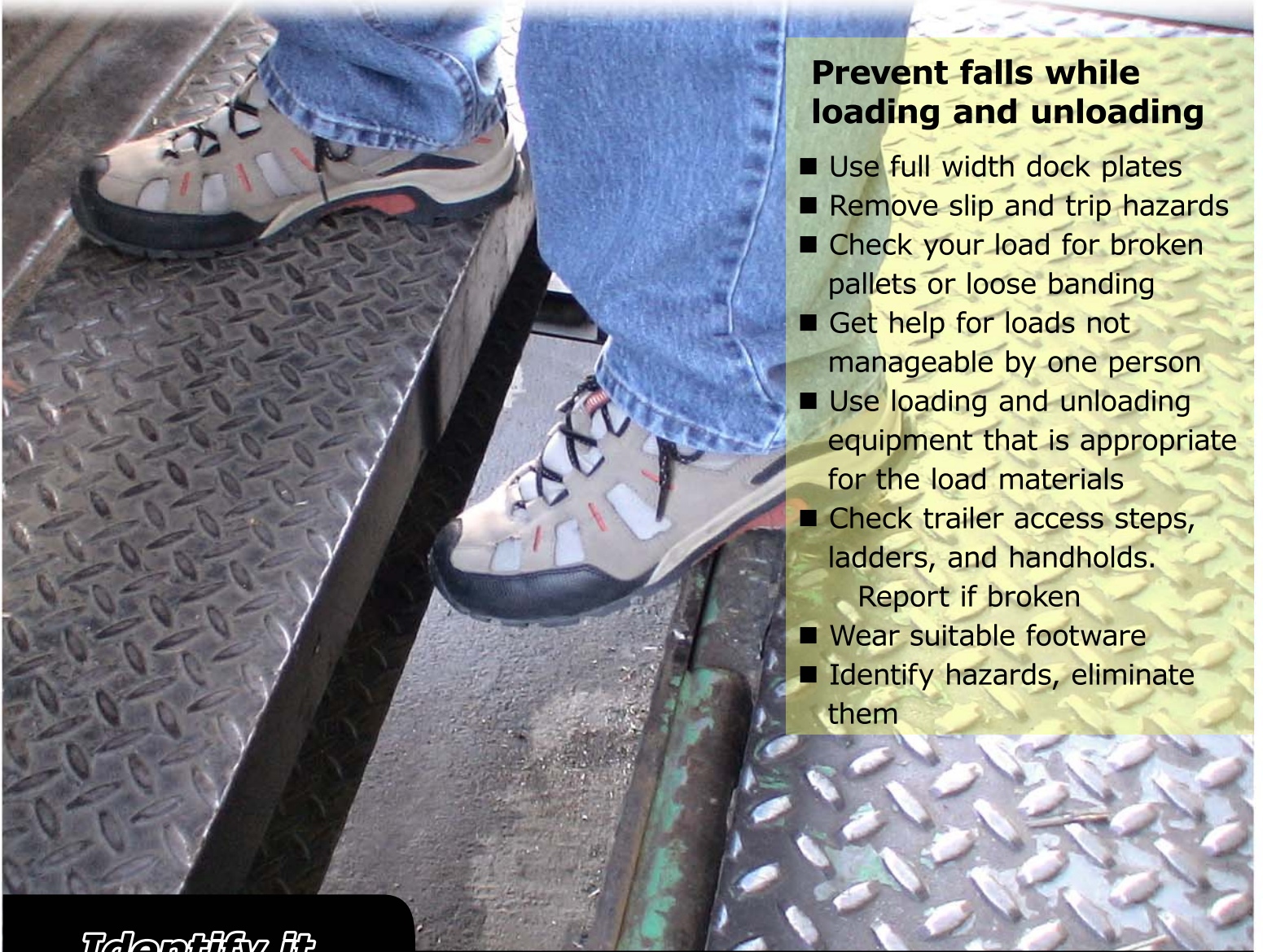


Don't Fall for It

Truck Drivers -- Protect Yourself from Falling
While Loading and Unloading



Prevent falls while loading and unloading

- Use full width dock plates
- Remove slip and trip hazards
- Check your load for broken pallets or loose banding
- Get help for loads not manageable by one person
- Use loading and unloading equipment that is appropriate for the load materials
- Check trailer access steps, ladders, and handholds.
Report if broken
- Wear suitable footwear
- Identify hazards, eliminate them

*Identify it,
deal with it*

These injuries don't just happen



TRUCKING INJURY REDUCTION EMPHASIS
www.LNI.wa.gov/safety/research/trucking



Contact: _____ Phone: _____ To report any hazards.

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