Guess My Weight?

No way! Don't try carnival tricks on the job.

Before you lift a box, bin or can, move it slightly to gauge the weight. If it's too heavy, get help.

Better yet, try to use mechanical tools for lifting.



www. KeepTruckingSafe.org

CDC/NIOSH Grant No. U60 OH008487

Publication No. 90-98-2012 August 2012

Follow on Twitter @TruckSafe













