



**Industry:** General freight trucking  
**Occupation:** Truck driver  
**Task:** Pre-trip inspection



## TIPS TO LIVE BY

### Employers

- If your driver is injured at a customer site, follow up with the customer to be sure it won't happen again.

### Drivers

- Always wear sturdy shoes with good traction.
- Stay vigilant about hidden hazards. Before inspecting your truck and trailer. Inspect the area around them for slip, trip and fall hazards.
- Report debris, spills or other hazards to the yard manager.

## Look twice

A 59-year-old, no-touch freight truck driver was injured while completing her pre-trip inspection and putting the seal on the trailer. The truck and dry van trailer were parked on the pavement near a light post with grass around it. Hidden in the grass was a 5" wide, 4" deep hole. She tripped in the hole, fracturing her right ankle.

Sadly, other drivers had also been tripped up by that hole, but the customer had not fixed it. Just packing some dirt in the hole would have prevented her injury. Instead it cost nearly \$47,000 and over a year and a half in lost work days. And the driver will now live with hardware in her ankle.

Often we cannot control the housekeeping and maintenance standards at customer sites, so stay vigilant. Look twice to avoid hazards. If you cannot be sure of your footing, as in grassy areas, take small, careful steps.

[www.KeepTruckingSafe.org](http://www.KeepTruckingSafe.org)

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